



VERBASCO

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Estrada do Guincho - Quinta da Marinha - 2750 Cascais
www.theoitavos.com

In the bread

Ham and cheese big rustic toast, garlic butter	9,00
Beef Steak sandwich	8,00
Panini of roasted porc and melted cheese	9,00
Club Sandwich panini	14,00
Hot Dog	9,00
Cured ham sandwich	8,00
Cheeseburger	19,00
Rye bread with cereal seeds, arugula, fresh sheep milk cheese and smoked salmon 🍷	10,00

Apetitizers

Codfish cake (1 unit) 🍷	1,90
Fresh sheep milk cheese (1 unit) 🍷	2,00
Scrambled eggs on the toast:	
"Nature" 🍷 🍷	4,50
"Farinheira" sausage	8,50
Bacon	7,50
Smoked salmon and chives 🍷 🍷	10,50
Portuguese Cured Ham Absoluto	12,00
Beef "pica pau" 🍷	10,00
Grilled pork belly pica pau with cockles and pickles 🍷	8,00
Natural oyster 🍷 🍷	8,00
Oyster, ponzu sauce 🍷 🍷	8,00
Clams 🍷 🍷	17,00
Mussels 🍷 🍷	10,00
Ceviché 🍷 🍷	11,00

Salads

Romain lettuce, chicken breast breaded with cornflakes, fresh goat cheese	11,00
Iceberg, smoked salmon with stilton, bacon and croutons	12,00
Mix salad, boiled egg and tuna, black eyes beans 🍷 🍷	13,00
Iceberg, chickpeas with codfish and raita sauce 🍷 🍷	14,00
Mesclum salads, seasonal vegetables 🍷 🍷	6,00

Soups

Vegetables soup of the day 🍷 🍷	4,50
Spicy chicken soup "tom kha gai"	10,00
Portuguese fish soup 🍷 🍷	11,00

Pasta

Linguini nero, cuttle fish with cappers, parsley and lime 🍷	18,00
Fusilli, porcini mushroom and shrimp, bisque 🍷	18,00
Fish stew with pasta 🍷	17,00
Spaghetti bolognese	9,00

Grilled

Land

Sirloin Steak	22,00
Beef entrecote	18,00
Hamburguer	10,00
Pork chops	8,50
Coquelet	8,00
Toscane sausage	8,00
Rack lamb chops	18,00

Sea

Salmon	12,00
Seabass	14,00
Common Seabream	18,00
Small horse Mackerel	16,00
Cuttlefish	15,00

Guarniture

Rice	2,50
Tomato rice	4,50
Spinach purée	3,50
Seasonal Vegetables	6,00
Roasted potatoes	3,50
Boiled potatoes	3,00
Potato purée	5,50
French fries	4,50
Roasted sweet potatoes	4,00
Spaghetti	3,50
Cheese	1,00
Fried egg	1,50

Dessert

Sticky toffee pudding 🍷	6,00 €
"Pure origin madagascar" chocolate custard 🍷	5,00 €
Tradicional portuguese sweet rice 🍷	6,00 €
Chocolate mousse 🍷	4,00 €
Ice cream or sorbet 🍷	2,50 €
Sesonal fruit	5,00 €

🍷 Pesco-vegetarian 🍷 Gluten Free 🍷 Vegan

I P S Y L O N

By Chef Cyril Devilliers

Get to know Ipsylon's gastronomic offering in an informal yet elegant and cosmopolitan environment. Located at The Oitavos hotel, only 300 meters from Verbasco, guests may choose from a combination of traditional Portuguese and French cuisine, the Japanese Bar or a unique experience at the Chef's Table.