



VERBASCO

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Estrada do Guincho - Quinta da Marinha - 2750 Cascais
www.theoitavos.com

With Bread

Ham and cheese big toast with garlic butter	9,50
Portuguese steak sandwich "Prego"	6,00
Roasted sirloin pork sandwich	6,00
Pata Negra cured ham sandwich	8,00
Cheeseburger	19,00
Oitavos Dunes Baguette Club Sandwich	14,00

Appetizers

Codfish cake (unit) 🐟	1,90
Farmed fresh cheese 🐟 ✕	3,00
Mini cured sheep cheese 🐟 ✕	3,00
Scrambled eggs with king crab 🐟 ✕	14,00
Grilled pork belly, pickles and fresh coriander ✕	6,00
Grilled or fried steak dices, Portuguese style ✕	7,00
Fried shrimp with almond and togarashi, served with yogurt sauce 🐟	13,00
Octopus salad 🐟 ✕	10,00
Mussels with onion, garlic and tomato (500grs) 🐟 ✕	10,00
Oysters with ponzu sauce (3 units) 🐟 ✕	8,00
Oysters "au naturel" (3 units) 🐟 ✕	8,00
Clams "à Bulhão Pato" (200grs) 🐟 ✕	17,00
Authentic ceviché 🐟 ✕	11,00
Swordfish carpaccio 🐟 ✕	16,00

Salads

Romain, homemade stirfry chicken with corn flakes and boursin cheese	11,00
Arugula, cherry tomato, boiled egg, black eye beans and tuna 🐟 ✕	12,00
Lamb's lettuce, potato and smoked grouper 🐟 ✕	16,00
Mesclun lettuce, mix salad and seasonal vegetables 🌱 ✕	6,00

Soups

Farm vegetable soup 🌱 ✕	4,50
Fisherman style soup 🐟 ✕	11,50

Fishes

Hake à la meuniere and potato puree 🐟	14,00
Codfish "à brás" 🐟 ✕	15,00
Grilled silver scabbardfish with Portuguese style tomato rice 🐟 ✕	20,00
Linguini pasta, clams, shrimp and fresh tomato 🐟	18,00

Meats

Galician blonde entrecote grilled or fried with french fries ✕	20,00
Beef steak, grilled or fried, served with french fries ✕	11,00
Burger with homemade french fries ✕	16,00
Black pork "plumas" and crushed potatoes with pepper ✕	16,00
Steak tartare with french fries ✕	15,00
Pappardelle alla carbonara	18,00

Guarnish

Homemade french fries, white rice, fried eggs (2 units) ✕	4,50
Organic vegetables from "Quinta do Poial" 🌱 ✕	12,00

Dessert

Sticky toffee pudding 🐟	6,00
"Pure origin Madagascar" chocolate custard 🐟 ✕	5,00
Traditional Portuguese rice pudding 🐟 ✕	6,00
Chocolate mousse 🐟 ✕	4,00
Ice cream or sorbet ✕	3,00
Seasonal fruit 🌱 ✕	5,00

I P S Y L O N

By Chef Cyril Devilliers

Get to know Ipsylon's gastronomic offering in an informal yet elegant and cosmopolitan environment. Located at The Oitavos hotel, only 300 meters from Verbasco, guests may choose from a combination of traditional Portuguese and French cuisine, the Japanese Bar or a unique experience at the Chef's Table.

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🐟 Pesco-vegetarian ✕ Gluten Free 🌱 Vegan

Prices in Euros. Legal VAT tax included.
Closed on Mondays.
Special events on request.